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# Spice And Spirit: The Complete Kosher Jewish Cookbook (A Kosher Living Classic)



## Synopsis

This cookbook is a staple in most Jewish Homes! Keeping kosher and celebrating the Jewish holidays receive an added, joyful dimension, with practical guidelines interwoven with spiritual insights into many aspects of Jewish life and observance. Recipes range from traditional favorites such as blintzes and chicken soup to Szechuan chicken, aduki-squash soup and many other international, gourmet and natural specialties. All in a clear, easy-to-use format with helpful symbols and numerous charts and illustrations. This cookbook is a staple in most Jewish homes!

## Book Information

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## Customer Reviews

Absolutely phenomenal cookbook! It may not have photos, but it packs a punch everywhere else that more than makes up for it. This book is thick like an encyclopedia, and everything in it is wonderful! This is a true go-to from the simple to the extraordinary. I am an excellent cook, but this book has been an invaluable resource, and that coming from a non Jew. I make the granola recipe every couple of weeks, and I go to this book weekly. The gourmet sweet potatoes have helped me, an already very adventurous cook, to shake things up a bit. This book is a true wealth of information. There is an index and there are introductions to recipes that have both helped me unpack terms like kugel and tzimmes, with which I was only somewhat familiar. There are helpful diagrams for more complicated recipes requiring specific techniques, such as cabbage rolls and hamantaschen. The hamantaschen filling looks like one of the best traditional recipes I've seen, and everyone online uses this diagram for hamantaschen assembly as a reference to accompany their recipes. This is a

real heritage cookbook in the sense that any American, Jewish or not, can utilize this book to pass down recipes from one generation to the next. I enjoyed the explanations for Jewish holidays as well. I learned a great deal about Jewish culture in terms of important celebrations and the foods that are enjoyed at these special times. If you know anyone in your life who either a. loves to cook and try new recipes; b. can't cook for crap and is married; getting married, or moving on their own; or c. can cook a bit, but wants to improve, then this is the book for them. You really cannot lose with this one.

I am an excellent cook but new to Jewish culture, dietary law and cooking. I love this book! I have used it every week, especially in preparing my Sabbath meals, since I purchased it. I also purchased the book, "The Kosher Kitchen," and with these two books I feel I am well prepared to prepare and serve foods in the proper and prescribed manner. This is a wonderful cookbook and has tons of recipes for every occasion! I understand that it is a classic, and I would have to agree. Since I have been cooking for so many decades, I usually don't try new recipes or even purchase new books unless they have photos, but I made an exception in this case. I'm not sorry; the directions are simple enough and the book is set up with so many suggestions, that photos are unnecessary. I really like the explanations for special Jewish meals and observations, and the traditional meals served. There are lots of suggestions like that that make this cookbook unique and classic. It is a large book, packed with more than just recipes, but information and ideas. I will definitely keep this as part of my library. I highly recommend its purchase for anyone who wants to learn how to cook and serve great Jewish meals, the kosher Jewish way.

I received this as a wedding gift, and it's the best cookbook. Instead of a book that's filled with a ton of fancy recipes that no one has time to make, this one has that and it has all the basics- kugel recipes, basic challah, chicken soup, baked chicken, chocolate cakes, etc. There is a picture code to let you know which recipes are quick and easy and which take more skill. I use recipes from this book almost every week when cooking for shabbos, and sometimes when I want to try something new, too. It also has sections explaining laws pertaining to kosher food and keeping a kosher kitchen, as well as helpful hints for each section, such as which types of meat to buy for different kinds of recipes, and how to make a perfect pie crust. I consider this a must for every new kosher cook, and I've bought it for friends as a wedding gift.

This cookbook has excellent, varied recipes, is organized logically, has a supremely easy index to

look up general headings as well as specific recipes. The recipes are excellent; I have never had one fail, and i've been using this for many, many years! That's why I bought it as a gift for the bride; what better way to a man's heart than through his stomach!! :D Seriously, this is one of the best cookbooks around, plus it has wonderful information and menus for the holidays. Buy it; you'll love it! :D

This is my go-to Kosher cookbook. They have every kind of recipe I could ever want. Whenever I want to make a new dish or want some cooking tips, this is my first stop. I get everything from challah and rugalach recipes to sides and mains. It also has some great healthier option recipes which I love. Too many cookbooks these days have way to many recipes with margarine in them. It's also easy to look up recipes based on ingredients so if I have some random vegetables in my fridge, I just look in the index and find some new recipe to make with them. I usually give this as a bridal shower gift to my Kosher cooking friends. I was so sad when it was out of print for a bit - glad it's back in stock.

Makes me feel happy just to own it. I can't quite say why, it's just so well presented. Part nostalgia for old fashioned cooking, part just really good recipes, part respect for traditions, hard to pin it down. My Mom was a a terrific cook, she was Sicilian and Catholic. Still, these recipes remind me of her.

great book and service

Love this book!!! So helpful.

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